Time	Duration	Task	Objective	Bible Verse	Notes/Comments
(a) 1:30pm					Obejctives of the workshop: Lay out own life, Lay out what the bible says about following Jesus,
(b) 2:25pm	1 Min	Welcome	Set out objectives of the workshop	N/A	Discuss ideas of how to implement this
(a) 1:31pm (b) 2:26pm	3 Mins	Ice Breaker	Identify where they are personally with speaking about their faith	N/A	<ol> <li>Ask everyone to pair up and choose 1 Sharer and 1 Listener. Listener is a Christian and Sharer to share what they hope to learn this week</li> <li>Swap roles this time. However, Listener is now a Non-Christian. Sharer to share the same thing</li> </ol>
(a) 1:34pm (b) 2:29pm	3 Mins	Ice Breaker Sharing	Identify where they are personally with speaking about their faith	N/A	Ask 3 volunteers to share their thoughts between their differences ie. Which was harder and why? What was difficult about it? Why is it difficult?
(a) 1:37pm (b) 2:32pm	7 Mins	Schedules Part 1	Look at what each person is doing individually with their time currently	N/A	Hand out schedule sheets Have each person fill out exactly what they are doing with their time In any free time - write down what potential activities that they may be doing Remind them that this workshop is for your own personal use and if you aren't being truthful then it isn't any use
(a) 1:44pm (b) 2:39pm	13 Mins (4 Mins) (3 Mins) (6 Mins)	Cost of being a Disciple	Look at what the bible says you need to be doing with your life	Luke 14:25-34	Read through passage once and hand out the passage Ask eveyone to read through and annotate things that stand out in the passage. Ie. Any questions, anything convicting 3 Key Points: 1. To follow Jesus, you need to be prepared to give up everything (own life and even family.) 2. You need to be prepared to suffer - take up your cross. 3. We need to be the salt of the Earth, we can't just look like salt otherwise is useless
(a) 1:57pm (b) 2:52pm	10 Mins	Group Activity	Pick out areas to remove, pick out areas to add, and pick out areas to witness	N/A	Go into groups of 3 In the group of 3, share: a. What are the areas of your life that you need to remove or give up b. Identify what areas of your life that you can use to witness and evanglise c. Identify areas that you could add into your life to help you do this
(a) 2:07pm (b) 3:02pm	4 Mins	Sharing	Have the different groups share to the entire group	N/A	Share a couple of ideas/actions that have come out of the session from each group
(a) 2:11pm (b) 3:06pm	4 Mins	Final outcomes	Conclusion to session and where to from here	Matthew 28:19- 20	Hopefully this has helped look at your own life and map out how you can be a follower of Christ, what you're willing to sacrifice/suffer and what you can start doing.  Read passage, and then explain the only model to follow is Jesus to achieve this